

Wellness Events Coming Soon!

POLLY PITCHFORD



"Ignite Your Inner Spark- Embracing Health With Humor"

April 22nd

The Strand Plattsburgh – 6pm



 REGISTER NOW!

"Staying Healthy In A World That's *Anything But*"

May 14th

The Strand Plattsburgh – 6pm

ZONYA FOCO



 REGISTER NOW!



MEET THE SPEAKERS



CLINTON-ESSEX-WARREN-WASHINGTON
HEALTH INSURANCE CONSORTIUM